

## MESSAGE TO THE YOUNG PEOPLE AND THE COLLABORATORS IN THE YOUTH MINISTRY

*Attention!! “We are faced with a pandemic that threatens the lives and the wellbeing of all people globally”*



The novel Coronavirus (Covid-19) outbreak which started in China, has so far killed over 76,328 people across the globe and infected 1,362,045 (as on April 7, 2020). The virus has spread to 181 countries including Uganda. This virus is casting a shadow around the world, regardless of race, age, gender and status.

Although older people are hardest hit, young people are not spared. Therefore, you must avoid mingling (visiting friends, playing cards together, jogging or trotting in a group) and spreading it to yourselves, the old and vulnerable people within your family and surrounding communities. Note that this deadly virus could put you in the hospital for weeks or kill you. Even if you don't get sick

the choices you make about where you go could be the difference between life and death for you or for someone else!

The youth have a big role to play in championing the prevention of corona virus. Our appreciation goes to the ten (10) members of Xaveri and Youth Alive Movement who have volunteered to create awareness in the slums in and around Kampala by distributing the flyers designed by the Ministry of health. The team will continue with this noble work after the lock-down. This is being done in partnership with Catholic Relief Services (CRS) Uganda.

We urge the young people to become protagonists in preventing COVID-19. We encourage you to:

1. Pray (individual prayer and as a family – the basic unit of the Church).
2. Read the guidelines of Uganda Episcopal Conference about COVID-19 (on UEC Facebook: “*Uganda Episcopal Conference*” and the *website of Uganda Episcopal Conference*).
3. Respect the directives given by the Government of Uganda (The President).
4. Practice the Dos and Don'ts given by Ministry of Health and World Health organization to combat the corona virus. This information is being circulated in the social media and other forms/media of communication.
5. Listen to the advice of the parents, guidance and elders within your communities.
6. Participate in the domestic chores (support your family).
7. Fight the misinformation surrounding the pandemic
8. Combat the stigma against those who had been quarantined and those who have tested negative.
9. Use the social media to spread the core messages of prevention designed by the MoH and the Government of Uganda.
10. Stay at Home (**PLEASE! PLEASE! STAY AT HOME**)

We wish you all a peaceful Holy Week and a fruitful Easter 2020.

**National Youth Office  
Uganda Episcopal Conference  
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